

PROFILE OF

Services and Gaps in Service Provision
for Young People with
Disabilities and Additional Needs,
aged under 25,
and their Families in Tipperary.

JANUARY 2020

Youth Work Ireland Tipperary

and

Tipperary Children and Young People's Services Committee



An Roinn Leanaí
agus Gnóthaí Óige
Department of Children
and Youth Affairs



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This document is in two Sections. Section 1 outlines the background to the research and describes Gaps in Service provision for young people with disabilities and additional needs.

Section 2 is a Profile of Services which support young people with disabilities and additional needs.

Section 1: Introduction and Gaps in Service Provision

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Introduction

As part of the Tipperary Children and Young People's Services Committee (CYPSC), the needs of young people with disabilities or additional needs have been identified as a priority for the County of Tipperary.

Youth Work Ireland Tipperary on behalf of Tipperary CYPSC has undertaken a profile of services available to young people and their families who have additional needs and disabilities¹ under the age of 25 in Tipperary. The main purpose of the research is to develop a baseline record to inform CYPSC about services available to support children and young people with disabilities and additional needs. A second output of this work is to describe gaps in service provision for young people with disabilities and additional needs aged under 25 in Tipperary. The baseline record of Services and the Gaps in Services documents will inform CYPSC on future actions to address the needs of children and young people with disabilities.

Methodology

The following describes how information was gathered in order to achieve the main aims of this research, i.e. discuss gaps in service provision and outline services available to young people with disabilities and additional needs and their families in Tipperary.

At the outset, desk research was carried out. This research aimed to gain a thorough understanding of service provision for young people with disabilities in Tipperary, identify potential contributors (providers of services to young people and their families), guide the nature and scope of interview questions and explore any demographic changes to the numbers of young people with disabilities in Tipperary.

Qualitative one to one phone interviews were carried out with 28 research participants from September to November 2019. Contributors represented a number of sectors, i.e.: Education, Employment, Youth, Family Support, Health, Sports and Recreation, Disability Organisations and Day, Home Support, Residential and Respite Services.

The main themes discussed in the interviews were the support needs of parents, young people and children, gaps in services and recommendations for future service delivery.

Limitation of Research

This was a comprehensive study aiming to include all services representing the varying needs of a large age group (0-25 years) across the County of Tipperary. Given the relatively short term (3 months) time frame and the aims of the study: Profile services and outline gaps in service provision, it was decided to focus on gathering information from and the views of Service Providers. It is a limitation of this research that the views of young people themselves and their families are not represented².

¹ For the purposes of this research, Disability and Additional Needs refers to Physical, Sensory, Intellectual and Learning disabilities.

² Although approximately 4 research participants stated that they were parents of a young person with a disability as well as providing a service to young people with disabilities.

Names of service provider organisations who participated in phone interviews:

<i>Name of Service</i>	<i>Name of Service</i>
Disability Services South Tipperary	MooreHaven Training Centre
Public Health Nursing Service	Disability Federation of Ireland
Tipperary Sports Partnership	Scoil Aonghusa
Community Development Worker HSE Disability Services	Irish Wheelchair Association
Brothers of Charity	St. Anne's Special School
Early Intervention and School Age Team North Tipperary Children's Services	Community Development Worker North Tipperary Development Company
St. Cronan's Association	Daughters of Charity
Scoil Chormaic	Special Education Needs Organiser
Knockanrawley Resource Centre	Tipperary Education and Training Board
Youthwork Ireland Tipperary	Aspect Cahir
Employability Service	Down Syndrome Tipperary
Occupational Guidance Advisor	Cluain Training and Enterprise Centre
National Learning Network	'Healthy Tipperary' Co-ordinator
Tipperary Centre for Independent Living	Ability Programme, Youth Work Ireland, Tipperary

Acknowledgements

Youth Work Ireland Tipperary and the Tipperary Children & Young people's Service Committee commissioned independent researcher Dana Swanton to undertake this Study which Profiles the Services for Young People with Disabilities and Additional Needs and describes the gaps in service provision in Tipperary. The progress of this work was facilitated and supported by an inter-agency Steering Group:

Cora Horgan:	Youth Work Ireland Tipperary
Ruairí O Caisleáin:	Children and Young People's Services Committee
Lorraine Duane:	Tipperary Education and Training Board
Gillian Darrer:	Brothers of Charity
Joanne McNamara:	Enable Ireland and HSE Disabilities Services
Jennie McAleese:	HSE Disabilities Services

Thank you also to Maureen O'Halloran whose research document 'Scoil Chormaic, a Guide to Training and Adult Services' was valuable in guiding and informing this research.

Structure of this paper: Section 1 presents CSO data on the numbers of young people in Tipperary with a disability and how these figures changed between the 2011 and 2016. It goes on to describe Gaps in the Provision of Services based on information provided by service providers and presents recommendations that may inform actions to benefit young people with disabilities and additional

needs and their families in Tipperary. Section 2 provides a Profile of Services which support young people with disabilities and their families in Tipperary.

CSO figures for young people with disabilities in Tipperary³

The number of young people aged up to 25 years with a disability in Tipperary increased by 348 between 2011 and 2016. In 2011 there were 3,516 young people with a disability and this figure increased to 3,864 by 2016 with those aged between 15-19 making up the greatest increase (in numbers) from 886 in 2011 to 1,013 in 2016.

Age Range	County Tipperary	2011	2016
0 - 4 years	Population (Number)	11947	10874
	Population with a Disability (Number)	311	331
	Population with a Disability as % of relevant age group (%)	2.6	3
5 - 9 years	Population (Number)	11212	11951
	Population with a Disability (Number)	715	785
	Population with a Disability as % of relevant age group (%)	6.4	6.6
10 - 14 years	Population (Number)	11227	11210
	Population with a Disability (Number)	908	991
	Population with a Disability as % of relevant age group (%)	8.1	8.8
15 - 19 years	Population (Number)	9991	10554
	Population with a Disability (Number)	886	1013
	Population with a Disability as % of relevant age group (%)	8.9	9.6
20 - 24 years	Population (Number)	8684	7752
	Population with a Disability (Number)	696	744
	Population with a Disability as % of relevant age group (%)	8	9.6
Total aged 0-24 with a disability		3516	3864

Figure 1: Numbers of individuals with a disability by age range, between 0 and 24 years, in County Tipperary for 2011 and 2016.

³ CSO: Statbank: Persons with a Disability as a Percentage of All Population 2011 to 2016 by County and City, Age Group, statistical indicator and Census Year.

Gaps in service provision

1. Support needs of parents

1.1 Need for parenting programmes and support at milestone stages of a child's life

At the centre of a young person's life is their parents or primary care givers. Findings from this research indicate what it can be like for some parents with a child who has been diagnosed with a disability. The following is an excerpt from a Service Provider. It reveals the stress that can be associated with having a child with a disability or additional needs and indicates the support needs of parents.

'There are elderly adults caring for adult 'children' with a disability and those adults have never come to terms with the grief of not having the child they thought they'd have. Those parents need psychological support. They're living with grief and not with the life that they expected. This may affect their relationship with their child and there is such pressure, it's so demanding that it can lead to relationship breakdown in couples'.

In order to support families this Respondent and others recommended that parents are provided with **parenting support and programmes at milestone stages in their child's life**, as well as behavioural support for the young person.

1.2 Information Gap

One of the greatest gaps in Service provision for Parents is not being able to **source information about their child's disability and relevant support services**. One of the findings of this work was the difficulty and frustration that parents experience in accessing information about appropriate services to meet their child's needs. A number of Respondents recommended a **'One stop shop' information service**.

One service provider spoke about how the lack of clarity of the 'System' can take its toll on parents:

'Parents get unwell with pressure and exhaustion, trying to second guess the system to see how to go about something. Feels like the system is fighting against the child going forward'.

1.3 Need for parent support groups to promote self-advocacy

Feedback from Respondents was mixed in relation to the value of parent support groups.

In advocating parent support groups one service provider, speaking in relation to children with Autism Spectrum Disorder (ASD), stated that parents can feel embarrassed about disclosing that their child is on the spectrum and this causes feelings of isolation. They suggested that parents in this situation would benefit from the support of others in similar circumstances. It was recommended that **Parents should be provided with advice, training and support in starting peer and advocacy support groups.**

A number of Respondents suggested caution around parent support groups. They argued that groups can sometimes be ‘*negative spaces*’ because strong voices tend to be the only voices heard and parents can feel worse for having attended.

2. Social skills and young people

2.1 Lack of Social Outlets

The research found that one of the most significant gaps experienced by young people with disabilities and additional needs as they grow into adolescence and adulthood concerns opportunities for social interaction: **lack of social outlets.**

A number of service providers spoke about the vulnerability of young people with disabilities and highlighted the need for social activities and the necessity of instilling life skills:

‘The world is moving at a fast pace and that is a threat to individuals (with disabilities). There is a lot of potential for exploitation with them. They fall between stools and it isn’t until the person is in difficulty that they come to attention. They need social outlets, perhaps in a café setting, support and advice around finance, relationships and health promotion. It’s about repetition of messages, internet safety for example’.

Respondents argued that adolescents and young adults tend to prefer to be integrated into mainstream social groups rather than segregated with each other as the following comments illustrate:

‘It’s important for teenagers and young adults to be integrated into mainstream’.

*‘The young person should have 2-3 social spaces during the week.
Mainstream places where there is a parent network’.*

*‘Inclusion starts with visibility – into clubs for example.
Accommodate differences without making a big deal of it’.*

and

*‘They need a youth club, not all want to be part of the Special Olympics,
they want to be part of mainstream’.*

2.2 Need for training and support for leaders and volunteers in clubs and other social activities.

This research has found that parents have difficulty identifying social outlets for their children that are inclusive. Whereas many mainstream clubs and social activities indicate that they are open to facilitating young people with disabilities and additional needs, for the most part they don't tend to actively promote this openness. Leaders and volunteers need training and support in order to proactively encourage young people with additional needs to participate in activities. This would make it easier for parents to be aware of what social options were available and feel assured that their child's participation was welcome and facilitated.

The child or young person's greater participation would likely increase their independence and confidence.

2.3 Need for youth clubs organised by young people

Youth clubs, organised and run by the young people themselves, were recommended by a number of Service providers as were initiatives which work with young people on personal development, relationships and internet safety.

3. Transition from school to adult services, training and employment

3.1 Supports required to facilitate the transition from school to training services and employment

Findings indicate that there is a support structure in place for young children with disabilities and additional needs but that these supports diminish as children age. Service providers commented that school and family life are very protective environments for young people with disabilities. Respondents argued that the environments of adult services, training and work are very different to the home and school life that young people have been accustomed to. They described a significant **gap between the expectations of some young people and their parents and the realities of moving to an environment where more accountability, responsibility and maturity are needed.** Service providers find that young people are ill-prepared for the adjustment to adult life and the service provider finds themselves taking on the role of introducing concepts such as accountability and responsibility. They recommended that parents can help to **prepare the young person for adult life by exposing them to life outside the home** as much as they can:

'They're not used to being out in the community. Young people need more practice of daily living. There is a need to help parents before children move out of school. Some families can be very protective, they see their 18-year-old still as a child'.

At present when a young person is leaving a special school with the aim of continuing on to an adult service they have the opportunity to 'sample' the new service by attending for two weeks in the last year of school. It was recommended by a number of Respondents that this sampling experience should occur in the 2nd last year of school and should last for several weeks.

4. Transport for young people living in rural locations

4.1 Lack of public and private transport options

One of the most significant barriers to young people accessing youth and social activities, as well as further education, training and employment, is the ability to travel. As one Service provider stated:

*'These kids aren't going to go to a pub, play soccer or rugby
and they're isolated and rural on top of it'.*

A number of young people who have finished their secondary education are living in rural areas of Tipperary and are *'Trapped in their homes'* due to the lack of public and private transport options to take them to further education, training, employment and social activities. Many Respondents argued that lack of transport is inhibiting some young people's ability to progress academically, financially, independently and socially and is having a negative impact on their mental health and sense of wellbeing.

5. Employment

5.1 Employer's fears and the need to support employers in understanding what it means to employ a person with a disability

Persons with disabilities are half as likely to be in employment as others of working age⁴. Whilst the reasons for this are complex, one of the explanations is that there can be a **fear of the unknown amongst employers about what to expect when they hire a person with a disability**. This was found to be the case in this research with one Respondent commenting on the issue of employing a person with a disability:

*'Employers concerns over health and safety is an issue.
There is fear amongst employers, the unknown'.*

One service provider suggested that in order to overcome employer anxiety there is a **need to demystify what it means to hire a person with a disability**.

5.2 Token inclusiveness needs to be replaced by the practical application of an organisation's inclusive policy

Contributors to this research suggest that it can be frustrating for those facilitating a young person's transition from education and training into employment due to the lack of the practical application of a Company's/Employer's inclusive policies. One service provider commented that *'Companies say they're inclusive but it's token'*. Employers don't have a reference for what the young person can achieve and it's down to the employer to *'take a chance'*.

5.3 Fear of losing benefits⁵

One of the reasons why a person with a disability is less likely than a person without a disability to be employed can be due to a fear of loss of benefits, and that emerged from this research. One Respondent described it as being *'institutionalised into the disability allowance'* which can hold a person back from progressing.

5.4 Recommended change to the terms of the Wage Subsidy Scheme

The Wage Subsidy Scheme (WSS) is an initiative by the Department of Employment Affairs and Social Protection (DEASP). The Scheme provides a financial incentive to private sector employers to employ people with disabilities and the terms of the scheme are that the person works between 21 and 39 subsidised hours per week. A number of Respondents argued that 21 hours is too many and that this threshold prevents some people with disabilities from taking part in paid employment. Respondents suggested that the number of hours should be reduced, at least initially, to approximately 12 and that this may suit the employer who may not have 21 hours of work for someone, and the employee who may not be able to work 21 hours *'21 is a big stumbling block'*.

⁴ Transforming Lives: Report on Future Needs for Disability Services, Working Group 1, 2018.

⁵ A Research finding rather than a gap in services.

5.5 Gap in support and/or training for young adults regarding their understanding of the demands of work

There is a **need for support and/or training at the end of secondary school** and for young school leavers (aged 16-18) to prepare them for the demands and culture of work. Employers now expect that a person has had some vocational skill-based training before looking for a job and this is often not the case.

Another challenge in accessing employment by a person with a disability is the differing expectations of the employer and the prospective employee. Service providers argued that **young people need to be mentally prepared for the world of work:**

'At work there are ordinary expectations of employees, turning up to work regardless of what else is happening in your life, what employers are looking for is different from what they (employees) can currently provide'.

It was recommended that **schools or post school training programmes look at ways to prepare young people for the culture of work.**

6. Behaviour Therapy and Multi-Disciplinary Support

6.1 Gap in psychology and behaviour therapy services for young people with disabilities

A number of Respondents pointed to an overwhelming need for psychology and behaviour therapy services for young people.

It was argued that the needs of young people coming through the system are becoming more complex⁶. Some service providers indicated that they are dealing with and trying to manage extremely challenging, and at times physically dangerous behaviour from young people in their care. They reported that they are not qualified to manage behavioural difficulties and suggested that waiting lists for psychology services are a resource issue:

‘We’re not trained Clinicians, we need over-arching clinical input’.

There is a national shortfall in therapy provision for children’s disability services. Staffing levels have not kept pace with the increase in the child population and measures such as the non-filling of maternity leave posts and recruitment embargos during the financial crisis have adversely affected service provision⁷. This is compounded by the changing needs of individuals and the need for greater therapeutic support:

‘The needs of people are changing. More behaviour management is needed than before. There is a need to reconfigure support services to reflect changes in society. A need for a more tailored service’.

A number of Respondents also indicated the difficulty in accessing multi-disciplinary support for school age children:

‘Unless a service user requires equipment it can be difficult to access other services such as Occupational Therapy, Physiotherapy and Speech and Language Therapy’.

and

‘There is no multi-disciplinary support in South Tipperary for school age children’.

Pressure on therapeutic services has also increased as a result of greater numbers of diagnoses of young people with Autism Spectrum Disorder.

⁶ ‘Complex Needs refers to one or more impairments which contribute to a range of significant functional difficulties that require the services and support of an interdisciplinary disability team’. (National Policy on Access to Services for Children & Young People with Disability & Developmental Delay, HSE, December 2019).

⁷ Transforming lives: Report on Future Needs for Disability Services, Working Paper 1, 2018, page 45.

7. Respite

7.1 Gap in respite care

Respondents to this research indicated that there is not enough respite care available and therefore there is a gap in respite services for young people with disabilities in Tipperary. They stressed the importance of respite in order to give other family members a break:

‘Families are looking for respite that is not available’.

‘The HSE try and give personal assistant hours but it’s not the same as a night’s break for parents’.

They indicated that respite can take a number of forms other than residential care:

*‘There is a need for respite in other forms – rather than the classic.
Saturday clubs and youth clubs, social spaces they go to without parents’.*

*‘There is a need for respite and social spaces, families are burned out,
in need of behavioural support’.*

7.2 Increased regulation and its impact on respite and residential services.

A challenge for respite and other residential services for children and adults with disabilities has been the commencement of inspections and regulations for the sector and their impact on resources for service provision. In 2015 the National Disability Authority published a ‘Review of the implementation of regulations and inspections in residential services for adults and children with disabilities’. The review found ‘that regulation and inspection of disability services requires a level of administration that was not in place in organisations previously and that this element of regulation and monitoring has had a significant impact on staffing resources’⁸.

⁸ Summary and overview of National Disability Authority’s report ‘Review of the implementation of regulations and inspections in residential services for adults and children with disabilities’, page 7, 2015.

Please note: The ‘Review’ states ‘All participants interviewed welcomed and recognised the need for regulation and inspection in the disability residential sector’, page 2.

Recommendations

Findings from this research indicate the following recommendations:

- Parenting support and parenting programmes are recommended at milestone stages in a child's life.
- A 'One stop shop' information service should be available in which nominated staff are trained to facilitate families and service providers in accessing information about relevant services. This information service could potentially be available in Family Resource Centres.
- Support agencies should strive to ensure that their services and facilities are 'Disability Friendly'.
- Parents should be provided with advice, training and support in setting up and maintaining peer and advocacy support groups.
- Young people with disabilities should be facilitated to participate in mainstream social activities such as youth clubs and sports activities which are led by youth volunteers.
- Training and support for leaders and volunteers should be provided in social and sports clubs.
- Youth clubs should be organised and run by the young people themselves, facilitated by adults.
- Initiatives should be provided which inform and advise young people with disabilities in relation to personal development, relationships and internet safety.
- Parents should be encouraged and supported in helping their children to become accustomed to everyday life in the community, e.g. shopping for themselves.
- Inclusion should be encouraged and facilitated as early as possible in a child's life: in mother and toddler groups for example.
- A platform should be created for championing employers who hire people with disabilities to discuss their experience in order to demystify what it means to hire a person with a disability.
- Counselling and behaviour therapy support is needed.
- There is a need for support and/or training towards the end of secondary school to prepare young people with disabilities for the culture and expectations of the environment of work.
- Services should link and communicate with each other where possible.
- More respite care: residential and non-residential, is needed.
- There is a need for the expansion of disability awareness training for businesses.
- Prioritisation of the needs of people with disabilities to be included in the next Children and Young People's Services Committee Plan.
- The issue of the lack of Transport is fundamental as it is impeding the development of young people with disabilities living in rural locations. Solutions to this issue need to be explored further.
- The information in this report stems from interviews with Service Providers. It is recommended that the views and experiences of young people with disabilities and additional needs and their families regarding service provision and supports is undertaken.

Final note

The proportion of the population of young people with disabilities in Tipperary is increasing. In 2011 6.6% of the population aged 0-24 had a disability and this increased to 7.4% by 2016. As well as the increase in numbers the needs of young people accessing services are becoming more complex. These factors are placing greater demands on existing services contributing to gaps in service provision, as discussed in this paper, for children and young people with disabilities and additional needs.

Section 2: Profile of Services

The following is a list of Services which provide support to young people with disabilities and additional needs, up to 25 years old, and their families in Tipperary.

Profile of Services

Information and guidance Services

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Disability Federation of Ireland	Federation of disability organisations.	Advocacy workshops with parents. Research and policy.	Contact directly	Fumbally Court, Fumbally Lane, Dublin 8, Ireland, 01 4547978
Gold Star universal access initiative	The Goldstar Disability project is a HSE led community based initiative in the South of the county working with people with disabilities. The initiative works to raise awareness and improve social and cultural activities in the community.	The 'Gold-Star' standard award acknowledges agencies, businesses, organisations, community facilities and services that make adaptations and take measures to have their buildings, amenities and services made more welcoming and accessible to all people.	Contact directly for information	Disabilityawareness.ie 062 64908
Family Carers Ireland	Support organisation for family carers.	Information on entitlements. Training for Carers. Support group meetings.	Contact directly	8 Sarsfield Street, Clonmel, Co. Tipperary 052 6170454 / 6170455

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Community Development Worker, North Tipperary Development Company	Parents of children with Dyslexia, Dyspraxia, ADHD and Autism.	This Service supports the following: Providing awareness raising and workshops. Supporting Autism Peer Parent Support Groups in North Tipperary. Hosting Facebook Page - Tipperary Advocacy Supporting ADHD, Autism, Dyslexia & Dyspraxia. Establishing a Social Activities Group for young people presenting with Asperger's Syndrome.	Contact directly	1 Kickham Street, Thurles, Co. Tipperary 0504 90579
Tipperary County Council Disability Groups Forum	People with Disabilities and their carers. Organisations and agencies supporting people with disabilities. Community based disability supports groups.	Aim to promote the development of universal access at all levels through policies, actions and awareness raising.	Contact directly	Tipperary Local Authority Community & Enterprise Section Access Officer Ballingarrane House Clonmel Co. Tipperary 052 6187081
Tipperary Childcare Committee	Parents, Childminders and Childcare Services including parents of children with disabilities.	Information and advice on childcare in Tipperary. For example: AIM (Access and Inclusion Model).	Contact directly	2nd Floor, Civic Offices, Friar St., Cashel, Co. Tipperary 062 64200

Family Resource Centres

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Spafield Family Resource Centre	Members of the Community.	Community Childcare Training and Education Family support Information and Advice.	Contact directly	Old Road, Cashel, Co. Tipperary 062 63622
Knockanrawley Family Resource Centre	Individuals and families in the Community.	Ability Programme SICAP Programme Individual, Family and Community Supports.	Contact directly	Knockanrawley, Co. Tipperary 062 52688
Silver Arch Family Resource Centre	Members of the Community.	Parental and family support Parent and toddler group.	Contact directly	52 Silver Street, Nenagh, Co. Tipperary 067 41926
Three Drives Family Resource Centre	Members of the Community.	Family support and community services.	Contact directly	22/23 Greenane Drive, Tipperary Town, Co Tipperary 062 80831

Youth Support

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Foroige Youth Worker and Family Support Worker	Youth Worker works with young people aged 10-18, including those with disabilities such as Autism.	Youth Worker provides 1:1 support. Family Support Worker provides information and support on parenting issues.	Self-referral, Tusla, Schools.	Foróige Neighbourhood Youth Project, Carrick-on-Siúr Family Support Worker 086 8331886
Foroige Nenagh Youth Project (TYFS)	Foroige TYFS work with young people aged 10 – 24 years of age including those with physical, learning and psychological or emotional disabilities.	Youth Worker provides a range of services and supports to young people.	For further information about Foróige initiatives in Tipperary, please check out our website: www.foroige.ie for services in your area, call into any of our Centres for more information.	Foróige Nenagh, Old Motor Tax Office, Banba Square, Nenagh, Co. Tipperary Foroige Youth Project 086-0082651
DEN Youth Project (GYDP)	DEN works with young people between the ages 12-17.	Youth Justice Workers provide a range of supports to young people based on 1:1 and group work.	Referral based only.	Den Youth Project 086 0477497
Big Brother, Big Sister	BBBS is a programme that forms friendships between an adult volunteer and a young person (aged 10 – 18 years) who will benefit from extra support.	Supportive mentoring and friendship. Initial commitment for one year and meetings typically take place once a week. Meetings include activities that both participants would enjoy such as music, art and craft etc.	Referrals are received from a number of agencies such as Tusla Services, Education Welfare Officers and Schools.	Big Brother, Big Sister 086 8224873
Waterford & South Tipperary Community Youth Service (WSTCYS)	WSTCYS primary target group is young people aged between 10 and 25 years,	WSTCYS exists to cater for the needs of young people and local communities,	For further information about WSTCYS initiatives in South Tipperary and how to	Michelle Kelly, Centre Manager South Tipperary,

Name of Service	Target group	Nature of Service	How to access Service	Contact details
	particularly those who are disadvantaged and/or “at risk”. The Drugs and Drugs Outreach Projects, in line with their specific Project remit, target individuals (both young people and adults), families and/or communities affected by substance misuse.	<p>particularly those experiencing marginalisation, disadvantage and social exclusion. Responses are delivered through 3 main strands: Project Work, Special Services and Mainline Youth Work (Youth Club Development).</p> <p>In the part of south Tipperary where WSTCYS operates, services are delivered through Youth Clubs, Community Youth Projects, Garda Youth Diversion Projects, Youth Information Service and Community Based Drugs Initiatives/Drugs Outreach Projects. WSTCYS has community-based premises in Clonmel, Carrick-on-Suir and Cahir.</p>	<p>get involved, please check out our website: www.wstcys.ie for services in your area, call into any of our Centres for more information or contact the Centre Manager South Tipperary, Michelle Kelly</p>	<p>Wilderness Youth & Community Centre, Wilderness Grove, Clonmel, Co. Tipperary E91 X6X3 (t): 052 6170876 (landline) (m): 086 8069006 (mobile) michelle@wstcys.ie</p>

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Youth Work Ireland Tipperary	Youth Work Ireland Tipperary delivers an integrated youth service across Tipperary and East Limerick, working with young people aged between 8 and 25 years, their families and communities.	Youth Work Projects and Youth Clubs	Contact directly	Thurles Youth Centre – Croke St 0504 23426 Thurles Youth Centre – FCA Hall 0504 57016 Templemore Youth Centre – Old Courthouse 0504 56641 Tipperary Town Youth Centre – Bank Place 062 52604 Cashel Youth Centre – Hogan Square. 062 62824
North Tipperary Development Company Roscrea Youth Services Roscrea Youth Project RAY Garda Diversion Project	NTDC Roscrea Youth Service primarily works with young people aged 8 – 24 years of age.	Services are delivered through the Community Youth Project and the Garda Youth Diversion Project. NTDC also have the Eisteact Counselling service.	Contact directly	Roscrea Youth Services, Kickback Youth Café, Rosemary Street, Roscrea, Co. Tipperary 0505 22462

Employment and Training

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Ability Programme (2018 – July 2021)	Young people (15-29 years) in need of employment support, who have a diagnosis of ASD, a mental health condition, a learning disability or Hidden disability.	There are 3 Ability Programmes in Co. Tipperary. The Ability Programme promotes employment prospects and meaningful social roles for young people with disabilities. The main aim of the programme is to give young people an opportunity to develop practical skills which enable them to participate fully in their communities.	Contact directly	Youth Work Ireland 086 7744564 Knockanrawley Resource Centre 062 52688 St. Cronan's Association, Roscrea. 0505 21426
RehabCare Clonmel	Individuals over the age of 18 with a mild learning disability and physical and sensory disability.	Rehabilitative and Vocational training.	Referral through HSE Disabilities Service	Rehabcare Clonmel, Bridgewater House, Old Waterford Road, Clonmel, Co. Tipperary 052 6122817
Cluain Training & Enterprise Centre	Individuals aged 18+ with a mental health difficulty, Autism, Acquired Brain Injury or a physical disability.	Rehabilitative Training, Day Services and Vocational Training. Cluain also operate Social Enterprises which include a Hair Salon and Restaurant offering employment opportunities. Computer courses, pottery, gardening, DIY and Independent living skills.	Occupational Guidance Advisor (HSE). Self-referrals.	11 Nelson Street, Clonmel, Co. Tipperary 052 6125328

Name of Service	Target group	Nature of Service	How to access Service	Contact details
		'Pathway To Employment Cluain': This Service provides training to raise competency levels of individuals who are unemployed, facilitating their progress to or towards labour market participation.		
EmployAbility Service	People with a disability: intellectual, sensory, mental health, physical or hidden, who are ready to work (job-ready) and require support to succeed in long-term and sustainable employment. Open to people aged between 18 and 65 years.	The EmployAbility Service helps individuals with a disability to secure and maintain a job in the open labour market. A job coach works on a one to one basis with each individual.	Contact directly	Friar's Court, Nenagh South, Nenagh, Co. Tipperary 067 37896 25 Gladstone Street, Clonmel, Co. Tipperary. 052 6129465
Occupational Guidance Service, Disability Services, Health Service Executive (HSE)	Individuals with disabilities aged 16+. Need to be over 18 years to access a HSE funded rehabilitative day programme	Advice, support and guidance to people with disabilities re. access to rehab training, sheltered services, and vocational training (SOLAS). Identification of individual skills, abilities and interests. Referral to Rehabilitative training and Sheltered services Links to other services including supported	Contact directly	North Tipperary: North Tipperary Disability Services, South West Wing, St. Joseph's Hospital, Mulgrave Street, Limerick. (061) 461455 South Tipperary: HSE Disabilities Services St. Luke's Hospital, Western Road, Clonmel. Co. Tipperary Tel. (052) 6177275

Name of Service	Target group	Nature of Service	How to access Service	Contact details
		employment and further training		
Thurles Community Training Centre / Youth Development Project	Early School Leavers, aged 16 – 21 years, who have left or completed school without successfully passing their Junior or Leaving Certificate examinations. It is open to young people with disabilities.	Thurles CTC provides Employment Skills course at QQI Level 3 and Level 4. Modules include 'Health & Safety', 'Food & Nutrition', 'Personal Development', 'Functional Maths', and 'Communication Skills'. In addition to QQI courses, it also offers Counselling Support and Literacy Support services.	Contact directly Through HSE Occupational Guidance Officer (North Tipperary).	Thurles Community Training Centre, Cabra Road, E41 Y6V0 Thurles Tel. (0504) 21592 info@thurlesctc.ie
Clonmel Youth Training Enterprise (CYTE), Clonmel.	Young people, aged 16 – 21 years, who are not in Education, Employment or Training in Clonmel, Carrick-on-Suir, Cahir, Fethard, Killenaule, and rural environs. The service is open to young people with disabilities.	CYTE primarily provides social, health, vocational and educational training programmes. Courses include Employability Skills; Diploma in Women's Hairdressing; Diploma in Beauty Specialist Techniques; Vocational Studies in Beauty Therapy.	Contact directly Through HSE Occupational Guidance service (South Tipperary).	Clonmel Youth Training Enterprise, The Wilderness, Fethard Road, Clonmel. Co. Tipperary Tel. (052) 6124011
Nenagh Community Training Centre	Young people (16-21 years). Open to all abilities.	Educational training programmes such as Catering and Hospitality, Early Childhood Education and Woodcraft.	Contact directly	St.John's Place, Nenagh, Co. Tipperary 067 32832

Name of Service	Target group	Nature of Service	How to access Service	Contact details
National Learning Network	All types of disability including ASD, Mental Health, Learning and physical disabilities.	Educational training programmes for individuals aged 16+. Potential students are offered a 2 week sample of their course and each student has an individual action plan charting their progression through the programme.	Self-referral/schools, HSE/Mental health services	Western Road, Clonmel, Co. Tipperary 052 6181555
Ballingarry Community Development CLG	Open to all abilities.	Community Employment Training services such as 'Safe Pass' and 'Manual Handling'. Community Childcare.	Contact directly	Unit 1 Enterprise Centre, Ballingarry, Thurles, Co. Tipperary 052 9154896
Young Nenagh Project Nenagh Community Training Centre	16-21 year olds, including those with additional needs.	The Service has programmes which include: Catering & Hospitality, Early Childhood Education, Care Support, Introduction to Woodcraft and Home improvement skills. Clients work at their own pace with support from Tutors and team members and have the opportunity to attain QQI Level 3, 4 and VTCT/ITEC Certificate and Diploma qualifications.	Occupational Guidance Service	St Johns Pl, Nenagh South, Nenagh, Co. Tipperary 067 32832

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Youthreach Centre Cappawhite	The programme is aimed at young people between the ages of 15 and 20 years of age who may have no or low formal certification and is open to people with disabilities.	Youthreach provides certification to young people in the service such as QQI level 3 and 4 courses and the Leaving Certificate Applied programme. In required cases, specific learning programmes are delivered. Counselling, advocacy and supports are built into the Youthreach programme.	Please contact Youthreach directly to discuss individual needs.	Old Vocational School, Cappawhite, Co. Tipperary. 062 75225
Templemore Youthreach Centre, (Céim Eile) Tipperary ETB	The programme is aimed at young people between the ages of 15 and 20 years of age who may have no or low formal certification and is open to people with disabilities. The majority of the participants are early school leavers.	Youthreach provides certification to young people in the programme such as QQI level 3 and 4 courses and the Leaving Certificate Applied programme. In required cases, specific learning programmes are delivered. Counselling, advocacy as well as other supports are built into the Youthreach programme.	Please contact Youthreach directly to discuss individual needs	Céim Eile Templemore College of Further Education Richmond, Templemore, Co. Tipperary. E41 FF98 0504-32166 087-6535207 dyoung@tipperaryetb.ie

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Roscrea Youthreach Centre, Tipperary ETB	The programme is aimed at young people between the ages of 15 and 20 years of age who may have no or low formal certification and is open to people with disabilities.	Youthreach provides certification to young people in the service such as QQI level 2- 4 courses and the Leaving Certificate Applied programme. In required cases, specific learning programmes are delivered. Counselling supports are built into the Youthreach programme.	Please contact Youthreach directly to discuss individual needs.	Roscrea Education Centre, Old Dublin Road, Roscrea, Co.Tipperary 0505 22481

Support for parents

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Community Mothers Programme, Clonmel	Professional parent support service offered to all families with children 0-5 years.	Pre birth Community Mothers Home Visiting Breastfeeding support Infant care Child development Infant mental health Mother and baby groups Parent and toddler groups.	Contact directly	Room 3, Clonmel Community Resource Centre, Kickham St., Clonmel, Co. Tipperary. 052 61 28199
Barnardos Early Intervention and Family Support Services	Early Intervention programme for all children, from the age of 2 until they begin school, including those with additional needs. Family support programme for children (including those with additional needs) and their parents.	Supports the development of life and education skills such as managing conflict, problem solving and literacy.	Contact directly and referral from agencies	The Mall House, Slievenamon Road, Thurles, Co. Tipperary 0504 20018
DESSA - Empowering Parents Training Programme	The programme is aimed at Parents of children with disabilities.	The Programme aims to support parents to acquire the knowledge and skills to advocate on behalf of their child. The programme topics cover advocacy skills and strategies, the medical and social models of disability, legislation, policy, education and inclusion.	Contact directly	DESSA South East, Droichead FRC, Callan, Co. Kilkenny 087 3534432

Name of Service	Target group	Nature of Service	How to access Service	Contact details
South Tipperary Autism Support Group	Parents of children on the Autistic Spectrum.	The South Tipperary Autism support group provides information, facilitates monthly meetings and organises activities for children on the Autistic Spectrum.	Contact directly	Room 4, Clonmel Community Resource Centre, Kickham Lodge, Kickham Street, Clonmel, Co. Tipperary 052 6129529
Autism Awareness Roscrea	Parents of children with Autism, Neuro-diversity	Fortnightly Parent to Parent Support Group Meet Up. Access to sensory area in AAR Community Hub. Recreational activities for adults and children living with Autism. Informational talks/workshops and training for parents, siblings and grandparents. Inclusive of all areas of the ASD and Neuro Diversity.	Contact directly	1 st Floor Finara House, Rosemary Square, Roscrea, Co. Tipperary autismawarnessroscrea@gmail.com Marguerite 087-3426719, AAR Hub 089-2358524

Disability Organisations

Name of Service	Target group	Nature of Service	How to access Service	Contact details
NCBI Working for People with Sight Loss	All those affected by sight loss.	NCBI offers community based services to help people to adapt to sight loss and maintain their Independence.	Referrals can be made by health care professionals, family members or individuals experiencing sight Loss.	<p><i>South Tipperary</i> No. 7 Ormond Road, Kilkenny 056 7763530</p> <p><i>North Tipperary</i> Units 2&3, Parkview Court Lord Edward Street Limerick 061 310818</p>
Cystic Fibrosis Ireland (CFI)	CF Community.	Support, advocacy and information.	Contact directly	087 612 0848
Chime	All those affected by hearing impairment.	The Service supports individuals and their families on both a one to one and group basis as well as the provision of advocacy and support.	Contact directly	<p><i>South Tipperary</i> 2nd Floor, St John's Parish Hall, Catherine St. Waterford 051 855777</p> <p><i>North Tipperary</i> Pery Street, Limerick 061 467 494</p>
Spina Bifida Hydrocephalus Ireland Family Support Worker	Support for the family of a person diagnosed with Spina Bifida Hydrocephalus.	Advocacy, support and information.	Contact directly	087 6527175
Epilepsy Ireland	People affected by Epilepsy.	Support, Training and Advice.	Contact directly	<p><i>North Tipperary</i> Social Service Centre Henry St. Limerick 061 313773</p> <p><i>South Tipperary</i> 056 7789904</p>

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Aspect, Cahir	Supports adults with Autism and Intellectual Disabilities.	Aspect provides person led customised/individualised educational and training programmes and promotes good mental health and wellness.	Contact directly or through Occupational Guidance Advisor	Aspect, Cahir, Tipperary 052 7442398
Aspire Ireland, Aspergers Syndrome	Individuals with Asperger Syndrome (a condition on the Autism Spectrum).	Support and information.	Contact directly	Aras Follain, Nenagh, Autism support Group: NTASGroup@gmail.com Clonmel Support Group: ADHD and ASD 052 29529. Tipperary ARC: Autism Resource Centre: info@arc-eireann.org Nenagh Parental Support Group: 086 8625352
Multiple Sclerosis (MS) Society - South Tipperary Branch	Individuals with MS, their families, carers and health professionals.	Provision of information, support and advocacy services to the MS community.	Contact directly	<i>North Tipperary</i> 'Tara', St. Nessans Road, Ballykeefe, Limerick 061 303802 <i>South Tipperary</i> Walkin Street, Kilkenny 056 7777771
Tipperary Down Syndrome Association	Individuals with Down Syndrome and their families.	Parent link – support for parents. Recreational activities such as Hip-hop dancing, Yoga and play therapy. Speech therapy and educational tutoring.	Contact directly	Facebook.com Down syndrome Tipperary branch 087 9821047

Recreational and Sport Activities

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Judo Assist Ardcroney	Judo is suitable for people of all abilities and disabilities including learning and Intellectual disabilities, Social disabilities (Autism, ADHD etc.) and physical and sensory disabilities.	Programmes are specifically designed to encourage physical activity, inclusion, competitiveness and well-being to a wide selection of people with a wide range of abilities and disabilities.	Contact directly	Corravalley, Ardcroney, Nenagh, Co. Tipperary 086 0612544
Durlas Éile Archery	Open to all abilities.	Field archery club Friday night 7-9pm	Contact directly	Moycarkey Boris Community Hall Littleton 086 1964517
Tipperary Sports Partnership	Older People/ Women in Sport / Individuals with a Disability/ Disadvantaged Communities / Unemployed.	The Tipperary Sports Partnership co-ordinates, promotes and develops recreational sports activities. Programmes in the County include: Boccia League, Inclusive Swim Programme, Sportsability Clubs, Tennis 4 All, Football for All, Disability Inclusion Training, Sailability Programme and St. Annes Special School Activity Sessions.	Contact directly	Ballingarrane House Ballingarrane Co.Tipperary 0761 065000

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Techkidz Summer Camps	Children aged 7-13 The service is inclusive to children with physical and intellectual disabilities.	Activities include coding, programming, animation, game development and robotics.	Please contact Techkidz directly to discuss how a child's individual needs can be supported.	Summer camps in 2020 will be held in Thurles, Carrick on Suir, Tipperary Town, Clonmel and Cahir (subject to confirmation). 022 51318
Whizzkids Summer Camps	Children aged 8-14 The service is inclusive to children with physical and intellectual disabilities.	Activities include Digital Skills including coding, programming and web design. A sports activity such as Rounders or Dodgeball is also played each day.	Please contact Whizzkidz directly to discuss how a child's individual needs can be supported.	Summer camps in 2020 will take place in Thurles and Clonmel. 061 339178
Clonmel Park Hotel	Children and adults Swimming lessons are inclusive to individuals with physical and intellectual disabilities.	Swimming lesson:, group and individual.	Please contact the Leisure Centre directly to discuss how a person's individual needs can be supported.	Cahir Road, Clonmel, Co. Tipperary 052 6188700
Youth Work Tipperary Youth Club for individuals with Down Syndrome.	Young people aged between 10-25 with Down Syndrome.	Social activities in the youth centre as well as in the Community such as: baking, dancing, arts and crafts, games, trips to the cinema and excursions.	Contact directly	Templemore Youth Project Old Court House, Bank St. Templemore 0504 56641
Youth Work Tipperary Youth Club for individuals with Autism and Dyspraxia.	Young people aged 10-15	Social activities for young people with Autism and Dyspraxia.	Contact directly	Templemore Youth Project Old Court House, Bank St. Templemore 0504 56641

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Riding for the Disabled Association of Ireland	People with a physical or intellectual disability.	Recreational and therapeutic horse riding at centres with good wheelchair access and suitable horses and ponies.	Contact directly	Clonmel: goganterry@eircom.net Thurles: rdaithurlessec@gmail.com
Designer Minds	The service is inclusive to children with physical and intellectual disabilities.	Summer Camp for Science, Design and Technology. Camps have taken place in Roscrea and Clonmel.	Please contact Designer Minds directly to discuss how a child's individual needs can be supported.	087 6310411 http://www.designerminds.ie/
Tipperary Special Olympics	Individuals with special needs aged from 7-70.	Voluntary sports club Tipperary Town.	Contact directly	http://www.specialolympics.ie/GETINVOLVED/MUNSTER/MUNSTERCLUBS.aspx
Dolphin Swimming Club	Children, from the age of 2 and a half and adults with intellectual and physical disabilities.	Swimming lessons Special Olympics.	Contact directly	Ferryhouse, Clonmel, Co. Tipperary 087 2178149
Rubix Summer Camp	Young people aged 8-18+ with ASD and Social Communication Disorder.	Encouragement of creative self-expression through drama, yoga, music and art.	Contact directly	Colaiste Dun Iascaigh, Cahir, Co. Tipperary 087 9502954 086 4029405
Solohead Equestrian Centre	Open to individuals with disabilities.	Therapeutic Horse Riding/Horse Riding for people with disabilities	Contact directly	Monard, Solohead, Co. Tipperary 087 1253481
Tipperary Warriors	Children with physical disabilities and their siblings.	Multi Sports Club takes place on Saturdays from 11.00 to 12.30.	Contact directly	Presentation Primary School sports hall Thurles tipperarywarriors@gmail.com

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Football Association of Ireland	People with disabilities.	The game of football can be adapted to suit varying disabilities.	Contact directly	https://summersoccerschools.ie/tipperary/ Football Association of Ireland National Sports Campus, Abbotstown, Dublin 15 01 899 9500
Gaelic Athletic Association 'Games for All'	All, including those with disabilities.	Camogie, Hurling, football, rounders and handball. Year-round training and summer camps.	Please speak to your local club to discuss how a child's individual needs can be supported.	Tipperary GAA Office Lár na Páirce Slievenamon Road Thurles, Co. Tipperary 0504 22702 National Children's Office, Ger McTavish GAA Diversity and Inclusion Officer 01-8658600 https://www.gaa.ie/belong/
Scouting Ireland	Open to people with disabilities.	Camping, Woodcraft, Hiking etc.	Contact directly	Neil Collins at ncollins@scouts.ie 021 4220020 for information about Scouting options in Tipperary.

Day, Home Support, Residential and Respite Services

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Enable Ireland Services	Enable Ireland provides supports in the North Tipperary area to both children with physical, sensory and intellectual disabilities, as well as children with autism spectrum disorder.	Children's services comprise centre-based respite, Early Intervention and School Age Teams and associated multi-disciplinary team supports. Adults are provided with a range of individualised educational, training and supports for employment and mental health and wellness programmes.	Referrals for children through the Early Intervention Team, Public Health Nurse, Medical Practitioner or self-referral. Adults referrals are to Occupational Guidance Adviser Mid-West 061 461455 / 065 6863772	Enable Ireland, Teach Saoirse, Joe Daly Road, Nenagh, Co.Tipperary. 067 34375
Home Share. National Home Sharing & Short Breaks Network	Children and adults (from age 4 to 70+) with an intellectual disability.	Family based service which involves a family in the community hosting a child or adult with an intellectual disability into their home for short breaks and caring for that person as a member of their family.	Self-referral	Adult Homeshare Co-ordinator, Child and Family Centre, 2 Jervis Place, Parnell St., Clonmel, Co. Tipperary. 052 6124499 The Brothers of Charity South East, Civic Offices, Friar Street, Cashel, Co. Tipperary 062 85050
Rehabcare Clonmel	Individuals over the age of 18 with a mild learning disability and physical and sensory disability.	Day Services	Referral through HSE Disabilities Service (South Tipperary)	Rehabcare Clonmel, Bridgewater house, Old Waterford Road, Clonmel, Co. Tipperary 052 6122817

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Rehabcare Residential Centre, Clonmel	Individuals over the age of 18 with a mild to moderate learning disability.	Residential services.	Referral through HSE Disabilities Service (South Tipperary)	RehabCare, Residential Centre, Knocklofty, Clonmel, Co. Tipperary. 052 6138810/12
North Tipperary Disability Support Service	Referrals taken for individuals under the age of 65. Available to persons with any type of disability.	This Service aids independent living: personal assistant/home support worker service.	Referral through the HSE Derg Centre/ from a Primary Care Provider such as a Public Health Nurse or Occupational Therapist.	2 Cudville, Ashe Road, Nenagh, Co. Tipperary 067 34202
Jack and Jill Children's Foundation	Children under the age of five who have a significant neurodevelopmental delay involving severe learning difficulties.	The Foundation offers advocacy, support and an in-home nursing service. It also offers support to families whose child is approaching end of life.	Referral form is available from their website.	Jackandjill.ie Johnstown, Naas, Co. Kildare. 045 894538
St. Cronan's Association	Adults with intellectual disabilities.	St. Cronan's Association provides day support to adults living with intellectual disabilities and/or autism through sites situated in Roscrea, Nenagh and Birr.	Occupational Guidance Officer	St. Cronans Services Grange Templemore Road Roscrea 0505 21426 Mary Gill House 97-98 Springfort Meadows Nenagh 067 34997

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Camphill Communities of Ireland	Adults with learning and physical disabilities.	Day and residential services offering workshops in farming, gardening and estate work, cooking, baking and art workshops.	HSE Disability Department Referrals for School Leavers and HSE Disability Services South Tipperary.	Camphill, Castle Street, Carrick-on-Suir, Co. Tipperary. 051 645080 Journeyman, Ballinagrana, Carrick-on-Suir, Co. Tipperary 051 641892 Grangemockler, Templemichael, Carrick-on-Suir County Tipperary 051 647 202
Daughters of Charity Services	Children and adults with a moderate, severe or profound intellectual disability.	Day, respite and residential services. Activities include education, training and social activities such as yoga and art.	Occupational Guidance Officer	St. Anne's Centre, Sean Ross Abbey, Roscrea, Co. Tipperary. 0505-22046
Tipperary Centre for Independent Living (TCIL)	People with Disabilities.	TCIL provides a Personal Assistant service for HSE Disability Services to support people, aged 18 – 55 yrs, with disabilities to live independently. It also provides a transport service, as required for such purposes as medical appointments, respite, and family and social outings, as well as scheduled trips to Training Centres	Referral through HSE Disabilities services	Thurles Head Office, <u>Address:</u> Thurles Business Centre, Stradavoher, Thurles. Tel. (0504)24236 <u>E-mail:</u> Thurles@tippcil.com Clonmel Office, <u>Address:</u> 40 Irishtown, Clonmel Tel. (052)61 28667
Irish Wheelchair Association	People with Disabilities living at home.	Assisted Living Programme in the South	Contact directly	Irish Wheelchair Association, Brodeen, Cashel Road, Tipperary town

Name of Service	Target group	Nature of Service	How to access Service	Contact details
		of the County, providing home care services. Supported Independent Living Housing scheme in Cashel.		(062) 52744
Damien House Services	Provides a day and residential service for adults with Intellectual Disabilities and Autism.	This service incorporates a therapeutic environment for clients with challenging difficulties.	HSE Referral for Damien House is: Occupational Guidance Advisor.	Glenconnor Rd, Garryshane, Clonmel, Co. Tipperary 052 6177464
Nua Healthcare	Children aged 12-17 with mild, moderate and severe Autism.	Residential accommodation (1 house).	Referral through head office (see number in next column).	Millview House Address: Kiltinan, Fethard, Co. Tipperary. 045 856592
Thurles Respite Service RehabCare	Respite service accommodating four adults who present with an intellectual disability.	Respite service users are encouraged to participate in a range of social and community activities. Supports required for each individual are set out in an individualised personal plan with an emphasis on maintaining the person's independence.	Primary care provider such as GP or PHN. HSE Disability Services.	76 Cluain Glas, Brittas road, Thurles, Co. Tipperary 0504 20737
Rehabcare Resource Centre Thurles	Day services for adults with Intellectual Disabilities and Autism.	Individualised Programme providing opportunities for personal development, independent living skills, and social and leisure activities.	Occupational Guidance Advisor	Stradovoher, Thurles, Co. Tipperary 0504 57011

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Rehabcare Nenagh Resource Centre	Day services for individuals over the age of 18 with a mild, moderate or severe learning disability.	Educational and social service.	Occupational Guidance Advisor	Nenagh Resource Centre 1 St Conlon's Road Nenagh County Tipperary 067 43046
Community Assessment and Transitional Living Unit (Slí Eile)	Rehabilitation Service for persons aged 16+ with Acquired Brain Injury.	Slí Eile is a residential house in the community that can accommodate three persons with Acquired Brain Injury.	Contact directly	17 New Toberaheena, Clonmel, Co. Tipperary 052 6180489
MooreHaven Tipperary	The MooreHaven Centre is a Centre for adults in the mild to moderate range of intellectual disability. The service provides supports to adults who are referred to the service or are graduating from School Services to Adult Services.	Day Centre and residential service. Service activities include training, personal development and work experience.	Occupational Guidance Advisor.	O'Brien Street, Tipperary, Co. Tipperary 062 52437

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Acquired Brain Injury Rehabilitation (A.B.I) Service / Clonmel A.B.I Day & Outreach Service	Service is for people who are age 18 years or above and who have an Acquired Brain Injury.	Typical activities for a group include quizzes, discussion, board games, computer work, literacy and numeracy exercises, speech and language exercises, memory exercises, artwork, craftwork, flower arranging and social outings.	Referral form accessible from ABI Website.	14 Hillside Close, Clonmel, Co. Tipperary 052 6180990

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Brothers of Charity Services Ireland, South East Region	<p>Services are provided to children and adults with an intellectual disability including those with co-existing physical and sensory disabilities or autism spectrum disorder from the South Tipperary area.</p> <p>The Home-Based Programme offers support to parents and their children (aged 0-3 years).</p> <p>Child Development Centres for children with an Intellectual Disability aged 2.5- 5 years at Lus na Greine Pre-school, Clonmel and Tus Maith Pre-school, Tipperary Town.</p> <p>St. Rita's Respite Service, Clonmel for children aged 2.5-18 years.</p>	<p>Day, respite, residential, clinical and assessment services to people of all ages who have an intellectual disability, including those with other disabilities.</p> <p>Services provided in various locations in Tipperary.</p> <p>Multi-disciplinary supports provided to all ages.</p>	<p>Informal enquiries and formal applications for services may be addressed to:</p> <p>Director of Services Brothers of Charity Services South East Belmont Park, Waterford 051 833400</p>	<p>South Tipperary: Child and Family Centre, Civic Offices, Friar Street, Cashel, Co. Tipperary. 062 85050 Email: civicoffices@bocsi.ie</p>

HSE Services

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Psychology Services (HSE)	Children and adolescents and their families in the community.	Assessment and intervention services with the aim of improving psychological health and well-being. Encompasses clinic and home-based interventions, education/training and parenting groups.	Contact directly	Child Psychology Services (South Tipperary) 052 6177911 Child & Family Psychology Services (North Tipperary) Tyone Health Centre, Tyone, Nenagh, Co. Tipperary 067 46400
Mid-West Disability Services North Tipperary Early Intervention and School Age Team Partnership service between Enable Ireland and the HSE	Children aged 0-18 years with complex needs, physical or intellectual, requiring services and support.	The North Tipperary Early Intervention and School Age Teams provide specialist therapeutic assessment and intervention to children with complex disabilities and/or developmental delay in the North Tipperary catchment area. Service can take place in the Centre, Child's home or school.	Referral from GP, Paediatrician, PHN, Primary care team therapist, or other service such as CAMHS	Belmont St. Conlon's Road Nenagh Co. Tipperary 067 40 130
Early Intervention Team (South Tipperary) HSE & Brothers of Charity	Children with disabilities, aged 0 – 5 years	The South Tipperary Early Intervention Team provides a specialist therapeutic assessment as the basis of planning to address a child's health care and educational needs.	Referral through HSE Primary Care	South Tipperary Therapy Services Tel. (052) 6183408

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Disability Services South Tipperary	Children & Adults with a Sensory, Intellectual or Physical disability.	General HSE services. For individuals who may require specific disability services such as Specialist Assessment, Respite, Day or Residential Services initial contact may be made to the Disability Services South Tipperary.	Referrals can be made from a number of sources such as: Primary Care providers, Schools and Parents.	Local Health Office: 062 64902 052 6177357 052 6177275
Occupational Therapy	All in the community.	Service provided to those who through illness or disability require support in relation to daily living and home arrangements.	Contact directly	North Tipperary (and East Limerick) 067 46747. South Tipperary 052 6122838.
Speech and Language Therapy (HSE)	All in the community.	Service for those with speech, language, voice or swallowing disorders.	Contact directly	South Tipperary 052 6177281. North Tipperary (and East Limerick) 067 46755.

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Public Health Nurse	All children.	Provision of support and advice on care, feeding and development to a parent or parents following the birth of a baby. Provision of advice and a child health screening service to pre-school and school children and administering immunisations in schools with doctors. Co-ordination and provision of services to persons with disabilities in the home.	Contact directly	Health Centres in South and North Tipperary www.hse.ie
Area Medical Teams (HSE)	School age children.	Administration of vaccinations such as MMR, Meningitis C and Rubella. Work with Public Health Nurses to monitor a child's development from birth onwards.	Contact directly	South Tipperary 052 6177221 or 052 6177338/6177288. North Tipperary 067 46465.

Transport

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Ring a Link Services South Tipperary	All	Non-profit making, charitable transport organisation.	Contact directly	1890 42 41 41

Health Centres

Health centres are a point of initial contact for information regarding service provision for people with disabilities.

South Tipperary		North Tipperary and East Limerick	
<i>Name</i>	<i>Phone Number</i>	<i>Name</i>	<i>Phone Number</i>
Ardfinnan	(052) 746 6134	Ballina	(061) 376 321
Ballingarry	(052) 915 4243	Borrisokane	(067) 27106
Ballymacarbry	(052) 613 6456	Borrisoleigh	(0504) 51423 / 51974
Ballyporeen	(052) 746 7487	Cappamore	(061) 381 371
Ballysloe, Thurles	(056) 883 4341	Cloughjordan	(0505) 42307
Bansha	(062) 54 263	Galbally	(062) 37072
Cahir	(052) 744 1044	Littleton	(0504) 44727
Cappawhite	(062) 75 126	Moyne Village	(0504) 34852
Carrick on suir	(051) 603900	Newport	(061) 378 299
Cashel	(062) 61 022	Portroe	(067) 23466
Clogheen	(052) 7465 315	Rathcabbin	(0509) 39043
Clonea	(051) 646 212	Rearcross	(062) 79152
Clonmel	(052) 617 7000	Roscrea	(0505) 21498
Dundrum	(062) 71 524	Templemore	(0504) 31561
Emly	(062) 57200	Thurles	(0504) 27600
Fethard, Tipperary	(052) 613 1251	Toomevara	(067) 26212
Killenaule	(052) 915 6481	Tyone, Nenagh	(067) 46400
Kilsheelan	(052) 613 3541	Roxtown	(061) 417 622
Mullinahone	(052) 915 3287		

New Inn, Cahir	(052) 746 2416
Newcastle, Clonmel	(052) 613 6182
Primary health Care Centre, Cashel	(062) 61 022
Primary Care, Rosanna Road	(062) 87200

Education

Preschools

'Lus na Gréine' Special Needs pre-school	Children under 6 years, from Clonmel and environs, with intellectual disabilities or who have not reached their developmental milestones.	Special Needs Pre-school	Referral through HSE Primary Care Team, e.g. by GP, PHN, Speech & Language Therapist	Brothers of Charity, Boherduff, Fethard Road, Clonmel. Co. Tipperary Tel. (052)6170554
'Tús Maith' Special Needs pre-school	Children under 6 years, from Tipperary town and environs, with intellectual disabilities or who have not reached their developmental milestones.	Special Needs Pre-school	Referral through HSE Primary Care Team, e.g. by GP, PHN, Speech & Language Therapist	Brothers of Charity, c./o. Gaelscoil Thiobraid Árann, Knockanrawley, Tipperary town. Tel. (062) 51052

Access & Inclusion Model (AIM)	Children with Special Needs eligible for the Early Childhood Care and Education (ECCE) scheme.	AIM provides a range of supports for children with special needs to facilitate attendance in mainstream pre-school services. The 7 levels of supports range progressively from the universal, fostering an inclusive environment, to targeted supports, e.g., access to therapy services, additional assistance in the pre-school room.	To be accessed through specific pre-school provider.	<u>For further information:</u> Tipperary Childcare, Civic Offices, Friar Street, Cashel. Co. Tipperary Tel. (062) 64200
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The web-link to current pre-school service provision from the Tipperary childcare committee web-site is: <https://tipperarychildcarecommittee.ie/wp-content/uploads/2016/01/Tipperary-Childcare-Services-2018-2019-New.pdf>

Special Needs Schools

Name of Service	Target group	Nature of Service	How to access Service	Contact details
St. Anne's Special School North Tipperary	The school provides individual education plans for children from 4 to 18 years of age who may present with either a severe/profound general learning disability (GLD), a moderate GLD, or with autism and a GLD.	Teachers, support staff and therapists work in small classes in specially adapted learning environments.	Children are referred to the school by GPs, Early Intervention Services or by their parents. In the final year of schooling the Occupational Guidance Advisor facilitates the child's transition into adult services/rehabilitative training such as the Brothers of Charity, Rehab and Enable Ireland.	Sean Ross Abbey, Roscrea, Co. Tipperary 0505 21002
Scoil Aonghusa Special National School South Tipperary	Scoil Aonghusa is a school for children aged 5 to 18 years with multiple difficulties (physical and emotional) but all have a moderate to severe learning disability. Scoil Aonghusa also has a pre-school for children from the age of 3 years.	The school, for both boys and girls, has a junior and a senior school.	Children are generally referred from Special Needs pre-schools. In the final year of schooling the Occupational Guidance Advisor facilitates the child's transition into adult services/rehabilitative training such as the Brothers of Charity, Rehab and Enable Ireland.	Cahir Road, Cashel, Co. Tipperary 062 62644

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Scoil Chormaic South Tipperary	Scoil Chormaic provides education for students with mild general learning difficulty and Autism aged from 3 to 18 years.	The School offers a number of supported learning pathways including a junior and senior school.	Self-referral. In the final year of schooling the Occupational Guidance Advisor facilitates the child's transition into adult services/rehabilitative training such as the Brothers of Charity, Rehab and Enable Ireland.	Golden Road, Cashel Co. Tipperary 062 61338

Primary Schools

The following is a List of Primary schools providing support for children with additional needs ⁹.

<i>Name of School</i>	<i>Description of Support</i>	<i>Contact Details</i>
St Joseph's Primary School	2 ASD ¹⁰ Classes	Murgasty Road, Tipperary Town, Co. Tipperary
Scoil Naomh Cualan	2 ASD classes	Borrisoleigh, Thurles, Co Tipperary 067 327 04
St. Oliver Plunkett National School, Clonmel	Supports for students with additional needs	St. Oliver's National School, Heywood Rd, Clonmel, Co. Tipperary 052 612 1016
Burncourt National School	1 ASD Class	Burncourt, Cahir, Co. Tipperary 052 7467202
Ardfinnan National School	2 ASD Classes	Clonmel, Co. Tipperary, 052 7466397
Presentation Primary School	Supports for students with additional needs	Clonmel, Co. Tipperary, 052 6123548
S N Cleireachain	2 ASD Classes	Clonmel, Co. Tipperary, 052 6135400
Emly Primary School	2 ASD Classes	Emly, Co. Tipperary, 062 57422
Cappawhite N S	2 ASD Classes	Cappawhite, Co. Tipperary, 062 75363

⁹ 'Description of Support' to be used as a guide only. Some schools have support classes for children with additional needs other than those listed in this column. Please contact an individual school for more information about their specific support services and facilities.

¹⁰ Autism Spectrum Disorder.

St Francis National School	1 ASD Class	Garryshane, Donohill, Co. Tipperary, 062 76288
St John The Baptist Boys School	1 ASD Class	Cashel, Co. Tipperary, 062 61833
Killenaule N S	2 ASD Classes	Killenaule, Thurles, Co Tipperary, 052 9156447
S N Chaoimhghin	2 ASD Classes	Baile Dhaith, Thurles, Co. Tipperary, 0504 44493
Two Mile Borris N S	Supports for students with additional needs	Thurles, Co. Tipperary, 0504 44466
Birdhill National School	2 ASD Classes	Killaloe, Co. Tipperary, 061 379058
St John's	1 ASD Class	Roscrea, Co. Tipperary, 0505 23903
St Marys Junior Boys NS	2 ASD Classes	Nenagh, Co. Tipperary, 067 32005
Toomevara National School	Supports for students with additional needs	Toomevara, Nenagh, Co. Tipperary, 067 26088
Scoil Naisiunta Lios An Halla	1 ASD Class	Nenagh, Co. Tipperary, 067 34627
St. Mary's National School	2 ASD Classes	Irishtown, Clonmel, Co. Tipperary, 052 6121594
S N Iosef Naofa	1 ASD Class	Cor an Bhile, Roscrea, Co. Tipperary, 0505 21485
Scoil Mhuire	2 ASD Classes	Caislean Nua, Clonmel, Co. Tipperary, 052 6136527
Sacred Heart Primary School	1 ASD Class	Newline, Roscrea, Co. Tipperary, 0505 21620
Cloughjordan NS	2 ASD Classes	Cloughjordan, Co. Tipperary, 0505 42431
S N Cronain Naofa	2 ASD Classes	Drum Ui Clanain, Roscrea, Co. Tipperary, 0505 21963
S N Cill Ruadhain	2 ASD Classes	Nenagh , Co. Tipperary, 067 34366
Scoil Na Mbraithre	Support/Assistance Class	Nenagh, Co. Tipperary, 067 32748
Loch Mor Maigh N S	2 ASD Classes	Templemore, Co. Tipperary, 0504 32225
Gaile N S	1 ASD Class	Holycross, Thurles, Co. Tipperary, 087 9663959
Scoil Na Toirbhirte	1 ASD Class	Thurles, Co. Tipperary, 0504 22331
S N Leamhach	2 ASD Classes	Thurles, Co. Tipperary, 0504 23111

Secondary Schools

The following is a list of Secondary schools providing support for children with additional needs¹¹.

<i>Name of School</i>	<i>Description of Support</i>	<i>Contact Details</i>
St Ailbe's School	2 ASD Classes	St. Ailbes' School, Rosanna Road, Tipperary Town, Co. Tipperary, 062 51905
Comeragh College	2 ASD Classes	Tinvane, Carrick-on-Suir, Co. Tipperary, 051 640131
Nenagh College	Supports for students with additional needs	Dromin Road, Nenagh, Co. Tipperary. 067 31525
Coláiste Dún Iascaigh	3 ASD Classes	Cashel Road, Cahir, Co. Tipperary, 052 7442828
St. Joseph's C.B.S.	1 Support/Assistance Class	Summerhill, Nenagh, Co. Tipperary, 067 34789
Borrisokane Community College	2 ASD Classes	Ballyhaden, Borrisokane, Co. Tipperary, 067 27268
Coláiste Mhuire	2 ASD Classes	Castlemeadows, Gortataggart, Thurles, Co. Tipperary, 0504 21734
Scoil Ruáin	2 ASD Classes	Killenaule, Thurles, Co. Tipperary, 052 9156332
Comeragh College	2 ASD Classes	Greenside, Carrick-On-Suir, Co Tipperary, 051 640131
St Joseph's College	ASD Programme (1 Class)	Borrisoleigh, Thurles, Co Tipperary, 050 451215
Presentation Secondary School	Support/Assistance Class	Thurles, Co. Tipperary, 050 422291
Cashel Community School	2 ASD Classes	Dualla Road, Cashel, Co. Tipperary, 062 61167
St. Mary's Secondary School	Support/Assistance Class	Ashe Road, Nenagh, Co. Tipperary, 067 31450
Árdscoil Na Mbráithre	4 ASD Classes	Clonmel, Co. Tipperary, 052 6124459
Our Lady's	2 ASD Classes	Templemore, Co. Tipperary, 050 431299
Coláiste Chluain Meala	Supports for students with additional needs	Raheen Road, Clonmel, Co. Tipperary, 052 -6121450

¹¹ 'Description of Support' to be used as a guide only. Some schools have support classes for young people with additional needs other than those listed in this column. Please contact an individual school for more information about their specific support services and facilities.

School and student support services

Name of Service	Target group	Nature of Service	How to access Service	Contact details
Visiting Teacher for Children and Young People who are Visually Impaired	Children, aged 0 – 5, and students in Primary & Post-Primary Schools with a diagnosis of visual impairment.	For children, aged 0 – 5 years, the service provides advice and support to parents at home. In schools, the service provides assessment, advice re. assistive technology, on environmental factors and on appropriate teaching methodologies.	Referral to Special Education Needs Officer (SENO) with Ophthalmology report	SENO South Tipperary 1 Waterside Ashe Quay Fermoy Co. Cork (025) 40445 SENO North Tipperary First Floor, Government Buildings St. Conlon's Road Nenagh Co. Tipperary (067) 32704
Visiting Teacher for Children and Young People who are Hard of Hearing	Children, aged 0 – 5, and students in Primary & Post-Primary Schools with a diagnosis of hearing impairment.	For children, aged 0 – 5 years, the service provides advice and support to parents at home. In schools, the service provides assessment, advice 're assistive technology, on environmental factors and on appropriate teaching methodologies.	Referral to Special Education Needs Officer (SENO) with Audiology report	SENO South Tipperary 1 Waterside Ashe Quay Fermoy Co. Cork (025) 40445 SENO North Tipperary First Floor, Government Buildings St. Conlon's Road Nenagh Co. Tipperary (067) 32704
Special Education Needs Organisers	The National Council for Special Education offers support for parents through its network of Special Educational Needs Organisers (SENOs).	Each SENO has responsibility for specific schools, primary, post primary and special, within their area. A SENO advises parents and schools on the services, resources	Contact directly or through schools.	SENO South Tipperary 1 Waterside Ashe Quay Fermoy Co. Cork 025 40445 SENO North Tipperary First Floor,

		and facilities available to assist children with special educational needs.		Government Buildings St. Conlon's Road Nenagh Co. Tipperary 067 32704
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and Youth Affairs